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THE INTERDEPENDENCE

Взаимозависимость

Nowadays there is a widespread thesis that building a socially just society is impossible due to the selfish nature of man. Selfishness and altruism developed in humans as a result of evolution. Egoism is inherent in all living things: every creature strives to get what it considers good and avoid what it considers anti-good. Returning to the topic of altruism, many sociologists say that altruism does not exist without personal pleasure and reason, that is, it does not exist without egoism. This means that altruism is a form of egoism that finds satisfaction of its selfish and personal needs with the help of the team and interaction in it.

In addition, there is a connection between the reasons for our interaction with society and egoism, expressed through sensory and emotional deprivation. Sensory deprivation is a person's biological need for touch. Tactile hunger can cause mental disorders. When the brain doesn't receive enough stimulation, it causes changes in nerve cells. Thus, it is possible to draw a direct path from emotional and sensory deprivation – through apathy and degenerative changes - to death. Continuing the theme of interdependence, it would be correct to mention such a phenomenon as the theory of imitation. Imitation is also a form of interdependence, namely borrowing a ready-made model of behavior from someone. The theory of imitation considers not only the actions of an individual, but his interaction with others. The most interesting and controversial object of imitation is personality. Our “idol” can be anyone. But have you ever noticed how people begin to imitate their “anti-idols”? This explains the shadow side theory. We can call a personal shadow what a person does not want to be, all the unpleasant qualities that a person hides from himself. People can control their shadow, but when we completely refuse to accept it, it becomes uncontrollable, traits are expressed in inexplicable manifestations of irritability and cruelty, impoverishes the personality, stops our growth and the embodiment of various traits. For my work, a social survey was conducted among students of the BSU Lyceum, aimed at finding the personal shadows of each student. And research confirms the influence of the shadow side.

We are all biologically and emotionally interconnected, we are part of nature, and therefore part of its laws, which we cannot go against, we can only accept them.